NUAL SYMPOSIUM ND EVENT 2024

HANDS UNITED: Shaping the Future of Hand Health

9.30 Opening & welcome & introduction Henk Coert

Session 1 - Tendons

9.40

Flexor tendon repair; state of the art Current concepts in Zone I/II finger flexor tendon rehabilitation, 10.10 An update on the FIRST trial (Multi-centred RCT comparing splints following zone I/II finger flexor tendon injuries) 10.30 Rehabilitation after flexor tendon repair 11.00 discussion & break

Jin Bo Tang

Emma Bamford Jin Bo Tang





Session 2 - Nerves

Willem Rinkel 11.45 introduction 11.50 Lars B. Dahlin Nerve entrapments and diabetes

12.15 Anatomy median and ulnar nerve 12.40 Nerve injuries, covering diagnosis, surgery, and successful rehabilitation

discussion and lunch break

Ronald Blevs Lars B. Dahlin





Session 3 - spasticity

introduction

13.00

14.00

15.20

16.55

17.00

14.00 Nerve procedures in the management of upper limb spasticity Caroline Leclercq 14.30 Rehabilitation of surgical procedures for upper limb spasticity Therapist 14.50 Reconstruction of paralyzed arm function in patients with

hemiplegia discussion & break

Caroline Leclercq

Ton Schreuders



Session 4 - and more about tendons

discussion and closure

drinks and talks

16.00 introduction 16.05 The Pulvertaft hand unit's experience of the relative motion flexion splint for zone I/II flexor tendon repairs. **Emma Bamford** 16.30 Rowing the Atlantic solo - oarsman's wrist Mel Eissens

Joost Colaris



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Location: Neude 11 Utrecht

